

WHEN SOMEONE BREAKS YOUR HEART

The truth about heartbreak:

Revenge Won't Heal It.

You might feel better for a moment, but it won't last. Revenge never lasts, or resolves your problem. Instead it creates another: guilt. Then you must deal with both!

Time Won't Heal It.

Days, weeks, months or years can't heal a broken heart. With time, you change focus, but unless you deal with the heartbreak, it remains. Distance, in this case, can't make the heart grow fonder.

Anger Won't Heal It.

Anger and bitterness can't heal a thing. Both can rob you of peace and make you ill. Ulcers and attitude are connected.

Distance Won't Heal It.

You can't outrun heartache or any other emotion. Wherever you go, it is there. It rides with you.

What Will Heal Heartbreak?

FORGIVENESS.

FORGIVE THE HEARTBREAKER.
AND
FORGIVE YOURSELF.

W READ Av
2400 West

W WRITE Av
2400 West

W GROW Av
2400 West



READ OUR BLOG POSTS ONLINE
GET POSTS EMAILED TO YOU HERE.

www.christiansread.com

Like this post? Share it.